

## Fees

John Stephenson *BSc. Hons. MSc. MCSP. MHPC. MMACP*

Is registered with BUPA and recognised by all major Health Insurance companies, allowing us to bill them directly – Please bring membership & claim numbers along.

### 15 Minute Open Clinic – NO CHARGE

Assessment, advice & a plan to get better.

### Full Biomechanical Assessment -1Hr - £70

Includes video analysis, diagnosis, treatment & a plan to get better/faster/stronger!

### Initial consultation – 45 minutes - £50

Assessment, plan, advice and treatment.

### Follow up treatment – 30 minutes - £40

Reassessment, exercise progression & treatment

Payment please by **cash or cheque**.

Online Card payment is also available (£1.50 charge).

**Late Cancellation fees** – Bookings unattended or cancelled with less than **48** hours notice will attract a charge equal to the full fee.

John Stephenson HPC Registration: PT

**PH47939** John R D  
Stephenson Bristol Registered 01/05/2008 01/05/2010 No

Lois Bickerton HPC Reg: PT

**PH63587** Lois I  
Bickerton Bristol Registered 01/05/2008 01/05/2010 No



John Stephenson  
Sports Physiotherapist  
Operates an Evening Clinic on  
Mondays 'til 8pm at Moti Shop.

**0117 973 7000**

Booking line available 7days/wk



## 2010-11 Clinic Times

### AAA-Physio.co.uk Bristol:

#### Booking Line 0800 015 0005

(Please leave a message if not answered immediately, or please use the on-line form!)

#### Bristol Clinic Times - Sports & Spinal Clinics.

Since 1996

Ergonomics and RSI.

#### Monday

Moti BS8 – Afternoon Clinic 'til 8pm.

AAA-Physio Clinic, provided by John Stephenson

#### Wednesday

Bannatyne's Health Club BS6

Morning clinic 'til 9pm.

#### Thursday

Moti BS8 – 8.30am – 12.30pm.

**Don't see at time that suits you? Please call the 0800 number to hear/ask about latest availability.**

#### How to Book

In person at any of the clinic locations or call our FREE appointment line:

0800 015 0005

(Please leave a **message** if unanswered!)

#### What to wear

The physiotherapist will want to directly see the injured part and be easily able to move it. A pair of shorts is a great help for examining back, knee and foot problems. Crop-top or sports bra for ladies shoulder and neck problems.

## 2010-11 Clinic Info.

### AAA-Physio.co.uk Bristol:

#### Booking Line 0800 015 0005

(Please leave a message if not answered immediately! You can also email your appointment request from:

[www.aaa-physio.co.uk](http://www.aaa-physio.co.uk)

Open clinics are free to “everybody” and are available on Monday to Friday with physiotherapists John Stephenson. Just book a 15 minute session for assessment and FREE advice. This is a no risk opportunity to find out about your injury and make a plan to get better.

**Please enquire at reception or by calling 0800 015 0005**



Below are some conditions for which physiotherapy has proved to be beneficial:

- **Neck and Back Problems**
- **Sports Injuries**
- **Joint Problems**
- **Post-Operative Rehabilitation**
- **Occupational Related Disorders**

A telephone call can often establish whether your condition can be helped by physiotherapy.

**07795 203 513**